OCI-R — Obsessive-Compulsive Inventory-Revised

18-item self-report OCD screener — 0–72 total, ≥21 = positive

Rate how much each statement applied to you over the past month: 0 = Not at all, 1 = A little bit, 2 = Moderately, 3 = Quite a bit, 4 = Extremely. This is a screen — a positive result warrants Y-BOCS or clinical interview.

Administered by: _____

A Items — rate 0 (not at all) to 4 (extremely)

1. I wash my hands more often than necessary.	☐ 0 ☐ 1 ☐ 2 ☐ 3 ☐ 4
2. I have thoughts about harming myself.	☐ 0 ☐ 1 ☐ 2 ☐ 3 ☐ 4
3. I check things more often than necessary.	☐ 0 ☐ 1 ☐ 2 ☐ 3 ☐ 4
4. I find it difficult to touch things because of a fear of contamination.	☐ 0 ☐ 1 ☐ 2 ☐ 3 ☐ 4
5. I have thoughts about harming others.	☐ 0 ☐ 1 ☐ 2 ☐ 3 ☐ 4
6. I feel compelled to do things in a particular order or number of times.	☐ 0 ☐ 1 ☐ 2 ☐ 3 ☐ 4
7. I have thoughts that I might have hurt someone even though I really don't think so.	☐ 0 ☐ 1 ☐ 2 ☐ 3 ☐ 4
8. I keep on checking doors, windows, drawers, etc.	☐ 0 ☐ 1 ☐ 2 ☐ 3 ☐ 4
9. My hands feel dirty or contaminated even though I know they are not.	☐ 0 ☐ 1 ☐ 2 ☐ 3 ☐ 4
10. I have thoughts of harming other people.	☐ 0 ☐ 1 ☐ 2 ☐ 3 ☐ 4
11. I have thoughts that something bad will happen if things are not done 'just right.'	☐ 0 ☐ 1 ☐ 2 ☐ 3 ☐ 4
12. I have thoughts that I might have hurt myself even though I really don't think so.	☐ 0 ☐ 1 ☐ 2 ☐ 3 ☐ 4
13. I spend a lot of time washing and cleaning.	☐ 0 ☐ 1 ☐ 2 ☐ 3 ☐ 4
14. I check things over and over again.	☐ 0 ☐ 1 ☐ 2 ☐ 3 ☐ 4
15. I need to do things in a certain order.	☐ 0 ☐ 1 ☐ 2 ☐ 3 ☐ 4
16. I have thoughts that people will try to harm me.	☐ 0 ☐ 1 ☐ 2 ☐ 3 ☐ 4

17. I feel very upset if things are not in their proper places. ☐ 0 ☐ 1 ☐ 2 ☐ 3 ☐ 4

18. I keep on counting while doing things. ☐ 0 ☐ 1 ☐ 2 ☐ 3 ☐ 4

B Scoring

OCI-R TOTAL: ____ / 72
0–20 = below clinical threshold 21–72 = clinically significant OCD range → Y-BOCS or clinical interview

Clinical notes