Y-BOCS — Yale-Brown Obsessive Compulsive Scale

Clinician-administered OCD severity assessment — 10 domains, 0–40 total

Rate each domain 0 (none) to 4 (extreme). Subscales: obsessions 0–20, compulsions 0–20. Bands: 0–7 subclinical, 8–15 mild, 16–23 moderate, 24–31 severe, 32–40 extreme.

		Examiner: _____

A Obsessions Subscale (0–20)

Rate each item 0–4 (0=none/symptom absent → 4=extreme/present most of the day)

Contamination / cleanliness obsessions	**Pts ____ /4**
Aggressive or harm-related obsessions	**Pts ____ /4**
Sexual or blasphemous obsessions	**Pts ____ /4**
Hoarding / saving obsessions	**Pts ____ /4**
Religious or scrupulosity obsessions	**Pts ____ /4**

B Compulsions Subscale (0–20)

Rate each item 0–4 (0=none/symptom absent → 4=extreme/present most of the day)

Washing / cleaning compulsions	**Pts ____ /4**
Checking compulsions	**Pts ____ /4**
Counting / ordering compulsions	**Pts ____ /4**
Repeating / ritual compulsions	**Pts ____ /4**
Other / miscellaneous compulsions	**Pts ____ /4**

C Scoring

Band	Total	Clinical meaning
Subclinical	0–7	No clinically significant OCD
Mild	8–15	Monitor; consider therapy
Moderate	16–23	Active treatment indicated
Severe	24–31	Intensive treatment
Extreme	32–40	Urgent psychiatric evaluation
TOTAL	____ / 40	Obs ____ /20 + Comp ____ /20

Clinical notes & recommendation

Recommendation: _____

Follow-up: _____

Notes: _____